

CONFIDENT & *beautiful*

FULL & YOUTHFUL
WITH INJECTABLES FROM
DR. GOLDBERG

When it came to injectables, Cheryl got a mixture of treatments based on her own personal concerns and some expert advice from Dr. Goldberg. "Cheryl was concerned about her lower eyelids and lips," explains Dr. Goldberg. "Her cheeks were hollowing, and the impact was visible in the form of sagging in her lower lids, bags under her eyes and tear troughs under her eyelids. There was also a bit of asymmetry to her nose, and her chin was a bit back, throwing off the balance of her profile. Cheryl was a great candidate because all of her goals and the issues I observed were within the scope of products like Restylane, Perlane and Dysport."

To address the asymmetry in her nose and profile, tear troughs, cheeks, chin and upper lip, Dr. Goldberg used the fillers Restylane and Perlane to add volume. When injecting the filler into her eyelids and tear troughs, Dr. Goldberg used a cannula to reduce swelling and bruising caused by the products. (Cheryl still had bruising in one eye because her skin in particular is very sensitive.) This precise technique also creates a smoother finish without any bumps. Dr. Goldberg also used Dysport, a hyaluronic acid injectable that works to disable facial muscle to prevent the formation of lines and wrinkles. This alleviated Cheryl's worry lines, forehead creases and crow's feet around the eyes.

COST Dysport, 40 units, \$300; Restylane and Perlane, 5 cc's, \$2,500

COMPLEXION ENHANCEMENT
WITH VIVIERSKIN & EDELSTEIN
COSMETIC vivierpharma.com,
edelsteincosmetic.com

In contrast to Janice, Cheryl already had a pre-existing skin regimen, but the ingredients weren't active enough to get the results she wanted. "Cheryl is young and beautiful, but I noticed the beginnings of sun damage," explains Hughes. "Her skin showed mild discoloration, and she also had mild acne scarring and visibly large pores on her cheeks." To help Cheryl achieve the best skin for her wedding day, Hughes recommended higher-quality medical-grade skin-care products from Vivier Pharma:



BEFORE



PEARLY WHITES
FROM MIDTOWN DENTAL'S
DR. VASANT RAMLAGGAN

Cheryl was a great candidate for teeth whitening (\$595) as her teeth were yellow in colour without showing a lot of other damage. Cheryl didn't have any large fillings on her front teeth, so there was no need for post-whitening colour correction. Prior to treatment, Cheryl and Janice were given a pre-treatment regimen to reduce sensitivity. Delicate areas were also avoided during the procedures.

For best results, Cheryl was asked to avoid darkly coloured foods and drinks. After treatment on the same night



BEFORE

and the next day, the patient will experience "zings," which are sensations of sensitivity and pain. Additionally, the patient needs to be careful not to grind pre-damaged teeth, which become more prone to sensitivity. Cheryl's teeth can remain white if she gets regular cleanings done and reduces her exposure to staining foods and drinks.



Cheryl's SKIN PRESCRIPTION

VivierSkin Dark Circle Diminishing Eye Cream, \$70
This vitamin K cream treats under-eye circles, reduces puffiness and prevents fine lines



VivierSkin Vitamin C Scrub, \$39
This scrub increases brightness, tone and texture and allows for better product absorption

SkinTx Restore System [SkinTx Skin Treatment System?], complete with SkinTX #3 Kit & 2 SkinTX Jessner Plus Treatments, \$889 The strong active ingredients, high-quality creams and medical-grade retinol in this kit reduce pore size and exfoliate dead skin cells. Cheryl's in-office peels will be done two months apart to provide long-lasting radiance and help improve pore size, fine lines and early signs of sun damage



BLONDE BOMBSHELL
FROM IKON SALON'S
DOMENICIANNUZZI

Iannuzzi kept Cheryl's upcoming wedding in mind: "I assessed her hair condition, texture, face shape and height and asked her to show me a picture of her wedding dress," says Iannuzzi. "I completely reshaped Cheryl's hair by dry-cutting layers throughout her grown out hair." The results were instant and super-sexy. "Think Victoria Secret," says Iannuzzi. "By unlocking movement with the layers, Cheryl's new haircut can be styled in a number of ways, including naturally smooth, pulled back, up or with soft waves." Cheryl's previous colour was growing out, so we had a fantastic platform to work with. We created a blonde-bombshell look by adding strategically placed lighter pops of blonde to a full head of classic foil highlights. "This complemented Cheryl's new long-layer cut by adding movement and texture."



A COSMETIC REFRESH
FROM GLO PROFESSIONAL'S
JENNA SARDO

Cheryl is busy so Sardo provided easy-to-apply, multi-tasking products to create simple but stunning looks. Since Cheryl cannot touch up her lips often, the longwearing Suede Matte Crayon (\$17) is a must-have!

EASY & EARTHY GLOW FOR DAY

"Cheryl struggles with applying eye shadow, so a user-friendly palette with soft hues of brown and gold [Metallic Smokey Eye Kit, \$45] is perfect," as natural hues blend easier. For her bronzer and highlighter, the Shimmer Brick in Luster (\$38) is a multi-purpose tool for a quick fix.

DARK & STORMY FOR EVENING

The night look centres on a smoky eye, using the Smokey Eye Kit (\$45) and Graphic Liner (\$23) and a wine-coloured lip. Unlike other shadows, glo minerals eye shadows contain vitamins A, C and E, as well as green tea extract, to nourish the delicate eye area. Q

